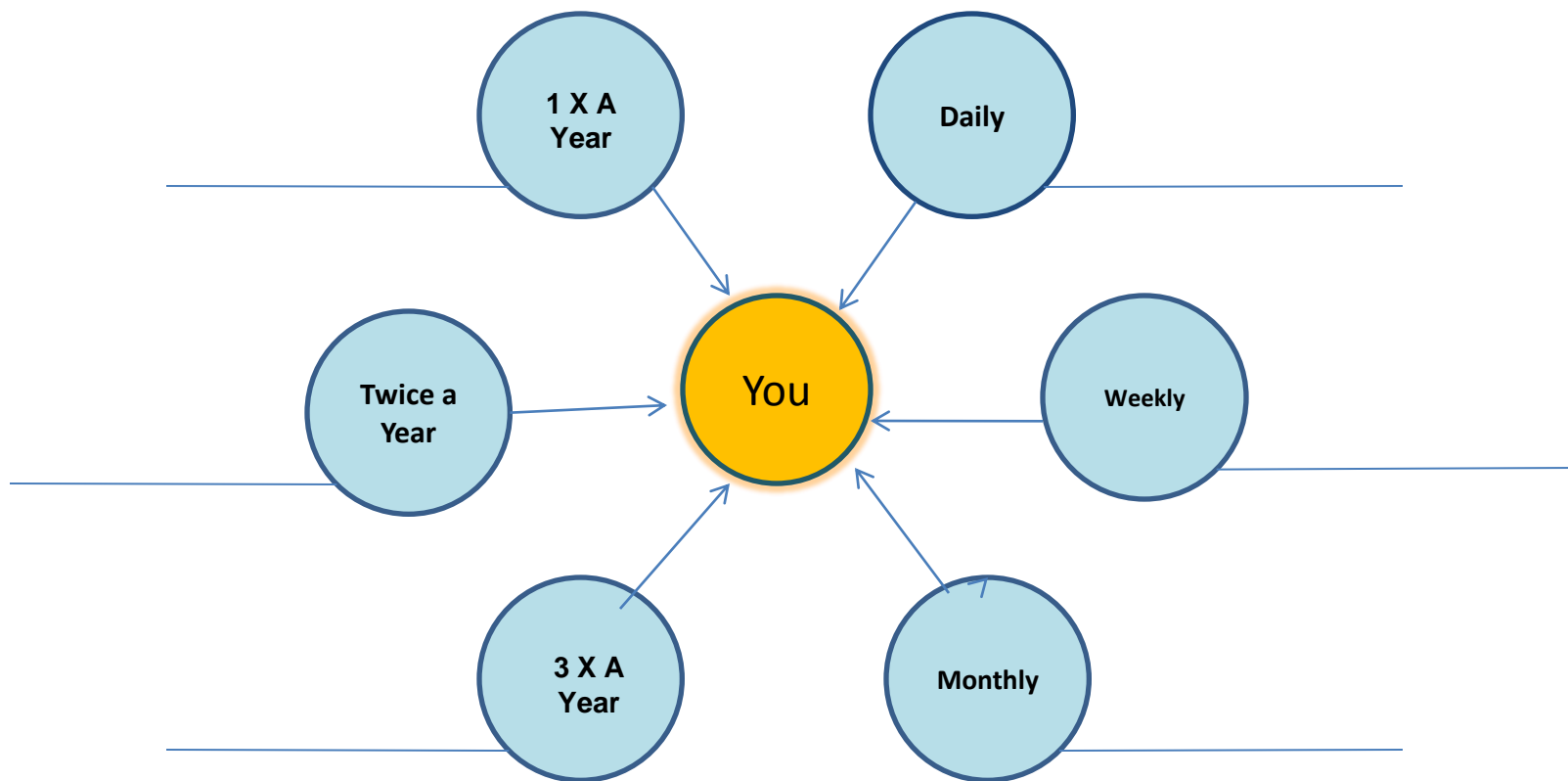




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*Network Marketing Tips for Your Health & Wealth*





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1. Record three goals that need to be completed daily
2. Record two – three goals that need to be completed weekly
3. Record two – three goals that need to be completed monthly
4. Record three goals that need to be completed three times a year
5. Record two goals that need to be completed twice a year
6. Record your One Big Goal that you want to accomplish once a year!

Example: Your daily goals: Read 10 pages a day of a personal development book. Add 10 new FaceBook friends and connect with them. Write one Ezine article.

Weekly goals: Wrote two post to your blog and create a video

Monthly goals: Learn a new social media outlet and master it. Sponsor two people into your business est..

Three times a year goals: Host three training webinars or interview somebody of interest.

Twice a year goals: Host or help with local events in your hometown community, give back in a big way.

Your Big Once A Year: Host an event or speak at a live event or create a product that you can market by creating social buzz.